



Paxton Green Time Bank, Kingswood House, Seeley Drive, Kingswood Estate, Dulwich, SE21 8QR, 020 8670 0990
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Limited company number 6707365, charity number 1132577

Trustees Report AGM November 2012

Time Banks are based on the principle of coproduction, and recognizing the assets within our local community.. In a time bank, *everyone* becomes both a giver and a receiver.

Everyone's time is valued equally: One hour = 1 time credit

Participants can spend their time credits on the skills and support of other participants when they need a helping hand. People help each other out with everything from making phone calls to sharing meals and giving lifts to the shops - anything that brings them together. Time credits can also be earned by helping in the community. As such Time Banking has an economic benefit as well as improving well-being and building social networks.

We are about to complete our fourth year as a Time Bank and are currently able to offer over 150 different skills to the local community through our members. These range from fitness instruction to teaching origami, with a lot in between. As of the end of June 2012 we have exchanged over 7800 hours.



Mapping London with Dulwich Picture Gallery



Chess with P and R

Members come to the Time Bank through GP and other professional referrals, word of mouth and community links to other organisations. Our membership is diverse, and includes many people with a variety of long-term health conditions, both mental and physical. Our oldest member is 91 and the youngest is in their early 20's, although we do engage with younger people and children as part of 'family memberships'. We do not require members to divulge their age, sexuality or ethnicity unless they offer the information, as Time Banking aims to be fully inclusive with the idea that an hour is an hour to anyone.

Members are also encouraged to spend credits accessing training, such as Mental Health First Aid, Find Your Focus and on social activities and days out to places such as the British Museum using travel cards. These are organised by members and work by using public transport to visit free attractions in central London, making the days both sustainable and coproduced. These activities are particularly beneficial to members, who for whatever reason may be lacking confidence or self-esteem, as the time banking principle are to support each other.



The quiz round at the Inaugural TB Games

Some of the highlights of the past year have included; receiving four tickets to the Jubilee Pageant from the City of London and complimentary tickets from a theatre, one of the members, Jo running her popular 'Full of Life' course for other members, the launch of our new Brixton hub, and our Women's Day event in partnership with the local children's centre. Our Time Banking Games event to celebrate the Olympic spirit was very successful, seven different organisations and time banks from across south London competed in a range of accessible games involving all team members regardless of ability. Organisations involved included Southside Rehab, Nexus and Rushey Green Time Bank.



Adding to the wish tree at our women's day event



Out and about on an Oyster Day into central London

We look forward to the future of Paxton Green Time Bank, and hope to continue our steady growth through the 'hub' model where members come together

geographically into smaller groups within our catchment area. This work is forming the basis of our new '1-4-1' partnership project, which has been initially funded by Lambeth Council and the NHS. Our partners are the Metropolitan Housing Association, Family Mosaic, the London Community Foundation, Southside Rehabilitation Association and the Lambeth Resource Centre. This will support the development of stronger organisational membership, with more community groups and voluntary sector organisations pooling people and resources, reducing replication and waste, and co producing local community wellbeing.

The development manager and trustees work non-stop applying for grants to allow the Time Bank to continue its work in the next few years.



Flyer for 1-4-1 and South East Lambeth Time Bank Partnership



Members of the new 1-4-1 Moorland hub

We are very grateful to the following funders during the last year:

Henry Smith Charitable Trust	£25,000
London Catalyst Special Interest Grant	£10,000
City Bridge Trust	£15,000
Lambeth Time Banking Fund	£15,000
Network for Social Change	£15,000
Other Donations	£10,000

Trustees:

- Sue Gillie (Chair)
manager
- Christine Warren (Treasurer)
- Tyrrell Evans
- Alex Fradera
- Joseph Boateng
- Olukemi Adeboye
- Vanessa Gould

Staff members;

- Alison Paule - Development
- Suzanne Worrica - Time Bank Broker
- Alexis Karlin - Time Bank Broker



Dr Evans with his retirement gift, created by a PGTB member

Finances 2012

Income

Brought forward			34,617.86	
Income received	restricted	45,300.00	City Bridge London Cat. Lambeth PCT Wakefield/Zurich
	unrestricted	49,014.00	Henry Smith Social Network Local Donations Other
Fixed Assets (computers etc)		564.00		
	total	129,495.86		

Expenditure - see below for detail **80,392.82**

As of **31st March 2012** the total funds were **49,102.98**

Total funds invested as follows

Cash in the bank	48,538.98
Fixed assets (computers etc.)	564.00
	49,102.98

Leaving core reserves of	restricted	30,000.00
	unrestricted	18,538.98
		48,538.98

Detail of Expenditure

Salaries, NI & Pensions	60,970.20
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Rent	2,960.00
Office and administration	4,671.76
Events	9,235.37
Miscellaneous-insurance etc.	2,555.49
total	<u>80,392.82</u>

Of this total;

Restricted funds	45,300.00
Paid for out of general funds	35,092.82

We have further secured funding for 2012/2013

Henry Smith	25,000.00
Lambeth PCT	15,000.00

PAXTON GREEN

Time Bank